

Sexual Health Group Psychotherapy for Men

Are you concerned about out of control sexual behavior?

Men with out of control sexual behavior repeatedly engage in sex that results in significant distress.

Painful repercussions may include:

- Severe relationship problems
- Loss of a spouse or partner
- Financial or legal difficulties
- Relapse in drug and alcohol recovery
- Diminished work productivity
- Unplanned pregnancy/HIV/STI infection
- · Suicidal thoughts or attempts
- · Feelings of fear, shame, despair or guilt

Out of control sexual behavior can be treated. Group therapy helps men **confront** their sexual preoccupations, **achieve their visions** of sexual health, and **regain control** of their lives.

If you are interested in improving your sexual health, you may benefit from joining this specialized weekly service.